

Please join us for a run around the Quail Run neighborhood and through the McGrew Nature Preserve! You can run the whole loop twice to complete 2.8 miles or once for a distance of 1.4 miles. Check in and registration starts at 5:30 p.m. for those who do not preregister. The race starts at 6:00 p.m. at the crosswalk in front of the main entrance to the school (see map). A parent or adult is required to run with children under 8 years old. Walkers and strollers are welcome! Please no bicycles, tricycles, or scooters. Completed registration forms and liability waivers can be submitted to the office. Please contact Angela Cushing at <u>cushing.angela@gmail.com</u> with any questions.

Runner's Name:	Grade:	_2.8 mi	1.4 mi
Runner's Name:	Grade:	_2.8 mi	1.4 mi
Runner's Name:	Grade:	_2.8 mi	1.4 mi
Runner's Name:	Grade:	_2.8 mi	1.4 mi
Adult Runner's Name:		_2.8 mi	1.4 mi
Adult Runner's Name:		_2.8 mi	1.4 mi

Please fill out and sign the liability waver for each participant on the back of this form.

## WAIVER OF LIABILITY READ CAREFULLY BEFORE SIGNING

In consideration of participating in the Run/Walk, I represent that I understand the nature of running events and that I am qualified, in good health, and in proper physical condition to participate in such an activity. I acknowledge and agree that, if I believe event conditions are unsafe, I will immediately discontinue participation in the activity.

I fully understand and agree that running events are inherently dangerous activities that involve risks of serious bodily injury, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the "releasees" named below or other causes: and that there may be other risks either not known to me or not readily foreseeable at this time: and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in this activity.

I hereby release, discharge, and covenant for myself, my heirs, executors and administrators, not to sue Quail Run Elementary School or USD 497 or its administrators, directors, agents, officers, volunteers, employees, other participants, additional sponsors, advertisers, and, if applicable, owners and lessors of premises on which the activity takes place (each considered one of the "RELEASEES" herein) from any and all liability, claims, demands, losses, causes of action or damages of whatever kind of nature arising from or related in any way to my participation in the Run/Walk caused or alleged to be caused in whole or in part by the negligence of the "releasees" or other causes, including negligent rescue operations. I further agree that if, despite this release, waiver of liability, and assumption of risk, I make a claim against any of the "releasees", I will indemnify, save and hold harmless each of the "releasees" from any loss, liability, damage or cost which may be incurred as a result of such claim, including reasonable attorney's fees. This release waiver of liability, assumption of risk, and indemnity agreement shall be as broad and inclusive as permitted by the State of Kansas.

Name of Participant	Date	Signature of Parent/Guardian	Date
Name of Participant	Date	Signature of Parent/Guardian	Date
Name of Participant	Date	Signature of Parent/Guardian	Date
Name of Participant	Date	Signature of Parent/Guardian	Date
Name of Participant	Date	Signature of Parent/Guardian	Date
Name of Participant	Date	Signature of Parent/Guardian	Date